

Notice of payment in August

There are repeated incidents of tax refund scammers posing as city employees. The city will never ask you to visit an ATM or ask for your PIN number.

Beware of Scams!



- ①2nd term of City prefectural tax (general collection)
- ②2nd term of National health insurance tax (general collection)
- ③2nd term of medical insurance premiums for the elderly (general collection)

Payment deadline: Monday, August 31

We recommend bank transfer for payment of city taxes.

** Application forms for bank transfer are available at financial institutions.*

【Inquiries】 Ichinoseki City Hall Tax Payment Division 0191-21-8261
Or Ichinoseki City Tax Savings Association

Ichinoseki Citizen Festival 26

Citizens' groups active in the city will introduce their activities and hold exhibitions.

**Date and time: August 30, 2026
10:00 a.m. to 3:00 p.m.**

Place: Higashiyama Gymnasium

【Inquiries】
[Ichinoseki Citizen Activity Center](#)
0191-26-6400



Disaster prevention administrative information on Ichinoseki Mail

Distributes disaster information and broadcast contents of the outdoor public relations MAST. The information can be accessed by using the following methods.

- To receive information through the app, please download from the QR code below



Android



iOS

- To receive information via email, please send an empty message to the following address

Email : ichinoseki_shobo@x.bmd.jp

【Inquiries】 Fire Department Fire Department
0191-25-5912

Kitakami River Basin Boat race participants

A rowing race with 10 people per team competing for the best time.



- Date and time: Sunday, September 6, 2026, 9:00am to 4:00pm
- Location Kitakami River near Kitakami Ohashi Bridge
- Cost: 1 team, 10,000 yen
- Eligible participants: Elementary school students 5th grade and above
- Capacity: First 60 teams
- Application: Bring in the application form by August 20th (Thursday)
- *Telephone applications are not accepted

【Inquiries】 Tournament office
(Kawasaki Disaster Prevention Center)
TEL 0191-36-5666



August Notification Adult Medical Examination Schedule



- If you do not have your medical examination ticket, please apply via the contact information or the QR code on the right.

◇Cardiovascular examination, lung cancer screening, tuberculosis screening, hepatitis virus screening

(reception hours: 9:30 am to 11:00 am/1:30pm to 2:30pm)

Date	Area	Venue
24 (Mon)	Hanaizumi	Hanaizumi General Welfare Center 花泉総合福祉センター
25 (Tue)		
26 (Wed)	Senmaya	Senmaya Rural Environment Improvement Center 千厩農村環境改善センター
27 (Thu)	Fujisawa	Nikoniko Dome ニコニコドーム
28 (Fri)	Murone	Murone Kyoku Roku Fureai Center 室根曲ろくふれあいセンター
29 (Sat)	Kawasaki	Kawasaki Civic Center 川崎市民センター

In addition, tuberculosis medical examination is carried out.

For further details, check the Adult Medical Examination Schedule posted on Ichinoseki City's [Homepage](#).



◇Gastric cancer screening, colorectal cancer screening, (reception hours: 6:30am~8:30am)

Date	Area	Venue
19 (Wed)	Higashiyama	Higashiyama Regional Exchange Center 東山地域交流センター
20 (Thu)	Hanaizumi	Hanaizumi General Welfare Center 花泉総合福祉センター
22 (Sat)	Ichinoseki	Ichinoseki Community Health Center 一関保健センター
	Kawasaki	Kawasaki Civic Center 川崎市民センター
23 (Sun)	Ichinoseki	Ichinoseki Community Health Center 一関保健センター
	Fujisawa	Nikoniko Dome ニコニコドーム
24 (Mon)	Ichinoseki	Ichinoseki Community Health Center 一関保健センター
	Murone	Murone Kyoku Roku Fureai Center 室根曲ろくふれあいセンター
25 (Tue)	Daito	Daito Community Center 大東コミュニティセンター
	Senmaya	Senmaya Rural Environment Improvement Center 千厩農村環境改善センター

【Inquiries】Health Promotion Division 0191-21-2160 or the Northern/Eastern Health Promotion Offices

JR Ofunato Line will be suspended

Some trains will be suspended due to daytime construction on the line. Please check the JR East website for details.

Date: Sep 15th (Tue) - 17th (Thur), October 6th (Tue) - 9th (Thur), December 8th (Tue) - 10th (Thur)

Please check [here](#) for train cancellation times.

【Inquiries】

JR East Inquiry Center 050-2016-1600



Kawasaki Festival Firework Display; temporary shuttle bus

Temporary shuttle buses will operate for the Kawasaki Summer Festival Fireworks Display on Sunday, August 16. Four routes will be available: Ichinoseki, Hanaizumi, Daito/Higashiyama, and Senmaya.

For route details and schedules, please scan the QR code.



【Inquiries】Kawasaki Summer Festival Executive Committee (Ichinoseki Chamber of Commerce and Industry, Kawasaki Branch Office) Tel: 0191-43-2440

Change to new disaster prevention weather information

New disaster-prevention weather information will be introduced from May 29, 2026.

The updated system will clearly present five alert levels, helping residents easily understand what actions they should take.

When evacuation information is issued by the city, please evacuate immediately.

The new disaster-prevention weather information can be accessed using the QR code.



【Inquiries】Ichinoseki City Fire Department, Disaster Prevention Division, 0191-25-5913

Garbage Sorting App

Guides on “How to Sort Household Garbage” and “How to Put Garbage Out for Collection” can be confirmed on the city’s Garbage Sorting App. (Available in multiple languages)



Android



iOS

*For more info, check out Ichinoseki [HP](#)

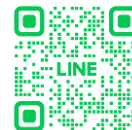
【Inquiries】Ichinoseki City Hall Lifestyle and Environment Division 0191-21-8341

Tips when visiting a medical institution

- Visit a doctor during open hours
- Have a regular physician
- For weekend and evenings, visit a doctor on duty
- Wear a mask when visiting a medical institution



[Ichinoseki City](#)



You can also confirm the list of doctors on duty on holidays via the Ichinoseki City website/official LINE account.



Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00–20:00) and on duty on Sundays/holidays (9:00–17:00).



[Ichinoseki City](#)

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111. If it's a medical emergency, be sure to call 119.

Please bring your health insurance card and your medication record handbook (*okusuri techo*) when seeing a doctor.

Emergency telephone consultation service



Call when you are uncertain whether you should go to the hospital or not. Staff such as nurses are available for consultation.

《Emergency Consultation Service》

- Hours: 24 hours (open all year round)
- Phone: 019-656-1774 or dial #7119

《Children's Emergency Hotline》

- Target: Families, children under 15 years old that live in Iwate Prefecture
- Hours: 7:00 p.m. – 8:00 a.m. (open year-round)
- Phone number: 019-605-9000 or dial #8000

●Ichinoseki City Hall 0191-21-2111 ●Hanaizumi Branch 0191-82-2211 ●Daito Branch 0191-72-2111
 ●Senmaya Branch 0191-53-2111 ●Higashiyama branch 0191-47-2111 ●Murone branch 0191-64-2111
 ●Kawasaki Branch 0191-43-2111 ●Fujisawa Branch 0191-63-2111

Multilingual Information Newsletters are available at the Ichinoseki International Association's office and the Ichinoseki City Library.

Or visit the Ichinoseki International Association [homepage/Instagram/Facebook/](#)
 Ichinoseki City Hall [English Guide](#).

Further resources

<u>Iwate Prefecture</u> 	Find link to comprehensive English Guide that includes important information	TEL: 019-651-3111
<u>Iwate International Association</u> 	Consultation for foreign residents about various issues such as foreign residency qualifications (visa) and troubles in everyday life. Japanese family and friends of foreigners are also welcome.	TEL: 019-654-8900 Hours: 9:00–20:00
<u>Ichinoseki City English Guide</u> 	Find link to comprehensive English Guide that includes important information such as what to do in an emergency, where evacuation centers are, welfare incentives, how to dispose of garbage, and how to go about notification procedures at city hall.	TEL: 0191-21-2111
<u>Ichinoseki International Association</u> 	Consultation services for foreign residents available. Staff can speak English and have tools to assist in other languages.	TEL: 0191-34-4711 Hours: 9:00–18:00 (Closed: Sundays/holidays Dec.29–Jan.3)
<u>Yoriso Hotline</u> 	Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement, or human trafficking? Consultation can be made by toll-free number, Facebook messenger, or through an online chat system	Specialized line for foreigners in Iwate, Miyagi, Fukushima: 0120-279-226
<u>AMDA Medical Information Center</u> 〔特定非営利活動法人 AMDA 国際医療情報センター〕 	Telephone Consultation for medical matters Free consultation & interpreting service Connection fees will apply	TEL: 03-6233-9266 Hours: 10:00–16:00 (Monday–Friday)