



Ichinoseki Multilingual Information

English

2月

February
2026

Ichinoseki International Association/
Ichinoseki ILC Promotion Division



Translated excerpts from the public Ichinoseki newsletter, 'I-style'.

Notice of payment in February

There are repeated incidents of tax refund scammers posing as city employees. The city will never ask you to visit an ATM or ask for your PIN number.

Beware of Scams!



- ① 4th term of Property Tax
- ② 8th term of National Health Insurance Tax (general collection)
- ③ 8th term of Medical Insurance Premiums for the Elderly (general collection)

Payment deadline: Monday, March 2nd, 2026

We recommend bank transfer for payment of city taxes.

*Application forms for bank transfer are available at financial institutions.

【Inquiries】

Ichinoseki City Hall Tax Payment Division
0191-21-8261

Or Ichinoseki City Tax Savings Association

Livelihood support consultations

Those concerned about their livelihoods/financial situation, please consult with us.

- Date: February 5th, 12th, 19th, 26th (every Thursday)
- Time: 10:00–15:00.
- Location: Ichinoseki City General Welfare Center

【Inquiries】

Ichinoseki City Council of Social Welfare
0191-23-6020



The survey (application form) for the adult health checkup will be discontinued

Previously, the survey (multiple-choice application) form for the adult health checkup was sent out in late January. This form will no longer be issued.

The city will now determine eligibility for checkup tickets based on your checkup history over the past three years, age, and gender. Eligible individuals will receive their checkup ticket directly in late April.

For more details, please visit the city [website](#).



【Inquiries】 Health Promotion Division 0191-21-2160

Change to new disaster prevention weather information



New disaster-prevention weather information will be introduced in late May 2026.

The updated system will clearly present five alert levels, helping residents easily understand what actions they should take.

When evacuation information is issued by the city, please evacuate immediately.

The new disaster-prevention weather information can be accessed using the QR code.

	大雨 Heavy rain	河川氾濫 Flood	土砂災害 Landslide	高潮 Storm surge
Equivalent to Alert Level 5	Level 5 Emergency Warning (Heavy rain)	Level 5 Emergency Warning (Flood)	Level 5 Emergency Warning (Landslide)	Level 5 Emergency Warning (Storm surge)
Equivalent to Alert Level 4	Level 4 Urgent Warning (Heavy rain)	Level 4 Urgent Warning (Flood)	Level 4 Urgent Warning (Landslide)	Level 4 Urgent Warning (Storm surge)
Equivalent to Alert Level 3	Level 3 Warning (Heavy rain)	Level 3 Warning (Flood)	Level 3 Warning (Landslide)	Level 3 Warning (Storm surge)
Alert Level 2	Level 2 Advisory (Heavy rain)	Level 2 Advisory (Flood)	Level 2 Advisory (Landslide)	Level 2 Advisory (Storm surge)

(Source: Japan Meteorological Agency [website](#))

【Inquiries】 Ichinoseki City Fire Department,
Disaster Prevention Division, 0191-25-5913

★Useful Apps and Websites for Disasters★

There are apps and websites where you can access disaster information in Japan. They are available in various languages. [Cost] Free



[Useful Apps and
Websites for Disasters](#)

(Cabinet Office, Government of Japan)

Installation of the "Madouke" (machine) certificate reception system

By using your My Number Card, you can apply for documents such as a copy of your resident registration and seal registration certificate without having to fill out an application form or present identification documents.

- ◊ Eligible Users: Anyone who is registered as a resident of Ichinoseki and has an My Number Card with a valid 4-digit PIN number registered for their user authentication electronic certificate.
- ◊ Location: City Hall Main Building, 1st Floor Waiting Lobby
- ◊ Available Hours: Weekdays, 8:30 AM - 5:15 PM
*Open until 7:00 PM on Mondays (or the following business day if Monday is a holiday)
*Service may be suspended due to system maintenance
- ◊ Supported Languages: Japanese, English

◊ Available Certificates and Fees

Types of Certificates (Only the Latest Certificates)	Issuance Fee
Resident Record Copy (For people who are registered as residents in Ichinoseki and their household members) *1	300 yen per copy
Certificate of Registered Seal	300 yen per copy
Tax Certificate (For people who are registered as residents in this city and have filed income tax returns or similar documents in this city)	300 yen per copy
Complete Family Register (Personal) Certificate *2	450 yen per copy
Copy of the Family Register Attached List *2	300 yen per copy

*1 You cannot obtain a residence certificate that includes the resident record code or My Number (individual number)

*2 People who do not have their family register in Ichinoseki City cannot apply.

« Important Notes »

- Only the applicant's My Number Card can be used with this system.
- Face recognition My Number Cards and My Number Cards on smartphones cannot be used.

【Inquiries】 Ichinoseki City Hall, Civic Division
0191-21-8310

Disaster prevention administrative information on Ichinoseki Mail

Distributes disaster information and broadcast contents of the outdoor public relations MAST.

The information can be accessed by using the following methods.

- To receive information through the app, please download from the QR code below



Android



iOS

- To receive information via email, please send an empty message to the following address

Email : ichinoseki_shobo@x.bmd.jp

【Inquiries】 Fire Department Fire Department
0191-25-5912

JR East will revise its timetable

Schedule change effective date: Saturday, March 14th
For details, please check the JR East [website](#)
(Train Operation Information)



【Inquiries】 JR East Inquiry Center 050-2016-1600

Temporary Suspension of Convenience Store Certificate Issuance Service

◆ Suspension Periods

Friday, February 13, 5:30 PM – Monday, February 16, 8:30 AM

Friday, February 20, 11:00 PM – Tuesday, February 24, 6:30 AM

◆ Affected Certificates

Full (individual) family register certificate
Copy of the family register supplement
Application for user registration.

【Inquiries】 Ichinoseki City Hall, Civic Division
0191-21-8310



Garbage Sorting App

Guides on "How to Sort Household Garbage" and "How to Put Garbage Out for Collection" can be confirmed on the city's Garbage Sorting App.
(Available in multiple languages)



Android



iOS

*For more info, check out Ichinoseki [HP](#)

【Inquiries】 Ichinoseki City Hall Lifestyle and Environment Division 0191-21-8341

Tips when visiting a medical institution

- Visit a doctor during open hours
- Have a regular physician
- For weekend and evenings, visit a doctor on duty
- Wear a mask when visiting a medical institution

[Ichinoseki City](#)[Ichinoseki City](#)

You can also confirm the list of doctors on duty on holidays via the Ichinoseki City website/official LINE account.



Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00–20:00) and on duty on Sundays/holidays (9:00–17:00).

[Ichinoseki City](#)

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111. If it's a medical emergency, be sure to call 119.

Please bring your health insurance card and your medication record handbook (*okusuri techou*) when seeing a doctor.

Emergency telephone consultation service



Call when you are uncertain whether you should go to the hospital or not.
Staff such as nurses are available for consultation.

«Children's Emergency Hotline»

- Target: Families, children under 15 years old that live in Iwate Prefecture
- Hours: 7:00 p.m. – 8:00 a.m. (open year-round)
- Phone number: 019-605-9000 or dial #8000



«Emergency Consultation Service»

- Hours: 24 hours (open all year round)
- Phone: 019-656-1774 or dial #7119

- Hanaizumi Branch 0191-82-2211
- Higashiyama branch 0191-47-2111
- Fujisawa Branch 0191-63-2111

- Daito Branch 0191-72-2111
- Murone branch 0191-64-2111

- Ichinoseki City Hall 0191-21-2111
- Senmaya Branch 0191-53-2111
- Kawasaki Branch 0191-43-2111

Multilingual Information Newsletters are available at the Ichinoseki International Association's office and the Ichinoseki City Library.

Or visit the Ichinoseki International Association [homepage](#)/[Instagram](#)/[Facebook](#)/
Ichinoseki City Hall [English Guide](#).

Further resources

<u>Iwate Prefecture</u> 	Find link to comprehensive English Guide that includes important information	TEL: 019-651-3111
<u>Iwate International Association</u> 	Consultation for foreign residents about various issues such as foreign residency qualifications (visa) and troubles in everyday life. Japanese family and friends of foreigners are also welcome.	TEL: 019-654-8900 Hours: 9:00–20:00
<u>Ichinoseki City English Guide</u> 	Find link to comprehensive English Guide that includes important information such as what to do in an emergency, where evacuation centers are, welfare incentives, how to dispose of garbage, and how to go about notification procedures at city hall.	TEL: 0191-21-2111
<u>Ichinoseki International Association</u> 	Consultation services for foreign residents available. Staff can speak English and have tools to assist in other languages.	TEL: 0191-34-4711 Hours: 9:00–18:00 (Closed: Sundays/holidays Dec.29–Jan.3)
<u>Yorisoi Hotline</u> 	Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement, or human trafficking? Consultation can be made by toll-free number, Facebook messenger, or through an online chat system	Specialized line for foreigners in Iwate, Miyagi, Fukushima: 0120-279-226
<u>AMDA Medical Information Center</u> [特定非営利活動法人 AMDA 国際医療情報センター] 	Telephone Consultation for medical matters Free consultation & interpreting service Connection fees will apply	TEL: 03-6233-9266 Hours: 10:00–16:00 (Monday–Friday)