



# Ichinoseki Multilingual Information

English

1月

January  
2026

Ichinoseki International Association/  
Ichinoseki ILC Promotion Division



Translated excerpts from the public Ichinoseki newsletter, 'I-style'.

## Notice of payment in January

There are repeated incidents of tax refund scammers posing as city employees. The city will never ask you to visit an ATM or ask for your PIN number.

### Beware of Scams!



- ① City prefectural tax (general collection) 4<sup>th</sup> term
- ② National Health Insurance Tax (general collection) 7<sup>th</sup> term
- ③ Medical insurance premiums for the latter-stage elderly (general collection) 7<sup>th</sup> term
- ④ Long term care insurance premium(general collection) 4<sup>th</sup> term

Payment deadline: Monday, February 2<sup>nd</sup>, 2026

We recommend bank transfer for payment of city taxes.

\*Application forms for bank transfer are available at financial institutions.

### Inquiries

Ichinoseki City Hall Tax Payment Division  
0191-21-8261  
Or Ichinoseki City Tax Savings Association

## Consultation by Sendai Immigration and Immigration Bureau

Free consultation on immigration and status of residence procedures for foreign nationals.

- Date: Friday, February 6<sup>th</sup>, 1:00pm-4:00pm (30 minutes per consult)
- Place: Nanohana Plaza
- Target: Foreign residents in Iwate Prefecture, Japanese residents, and persons in charge at companies with business offices in Iwate Prefecture
- Capacity: 3 groups
- Application: By phone or [QR code](#) by January 30<sup>th</sup> (Fri.)

RSVP Only



【Inquiries】  
Iwate International Association 019-654-8900

## Livelihood support consultations

Those concerned about their livelihoods/ financial situation, please consult with us.

- Date: January 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> (every Thursday)
- Time: 10:00–15:00
- Location: Ichinoseki City General Welfare Center

### Inquiries

Ichinoseki City Council of Social Welfare  
0191-23-6020



## International Exchange Notices

### 【Let's enjoy the Japanese New Year!】

An exchange event for foreign residents to experience traditional Japanese New Year's culture such as mochi pounding, New Year's calligraphy, karuta, and more.

- Date/Time: Sunday, January 18, 10:00am-11:30am
- Place: Nanohana Plaza 2F
- Target: Foreign residents who live or work in Ichinoseki City and those who are interested in supporting the daily lives of foreign residents.
- Capacity: 40 people
- Application: Please call or fill out the [QR code form](#) by 3:00 pm. on Friday, January 10, 2026.



### 【Multicultural Disaster Prevention Seminar】

What should you do in an earthquake, fire, or typhoon?  
Learn how to prepare to save your life!

- Date/Time: February 8 (Sun) 10:00 am~11:30 am
- Place: Ichinoseki General Disaster Prevention Center
- Cost: Free
- Target Participants: Foreign residents or those interested in helping foreigners
- Max No. of Participants: 30
- RSVP: Please respond by 3:00pm on February 2 (Mon), 2026 via the [application](#).



\*Please check the Ichinoseki International Association's [Homepage](#) for more details.



【Inquiries】Ichinoseki International Association  
0191-34-4711 Email [i-intl@snow.ocn.ne.jp](mailto:i-intl@snow.ocn.ne.jp)

### Installation of the "Madouke" (machine) certificate reception system

By using your My Number Card, you can apply for documents such as a copy of your resident registration and seal registration certificate without having to fill out an application form or present identification documents.

- ◇ Eligible Users: Anyone who is registered as a resident of Ichinoseki and has an My Number Card with a valid 4-digit PIN number registered for their user authentication electronic certificate.
- ◇ Location: City Hall Main Building, 1st Floor Waiting Lobby
- ◇ Available Hours: Weekdays, 8:30 AM - 5:15 PM  
\*Open until 7:00 PM on Mondays (or the following business day if Monday is a holiday)  
\*Service may be suspended due to system maintenance
- ◇ Supported Languages: Japanese, English
- ◇ Available Certificates and Fees

Types of Certificates (Only the Latest Certificates)	Issuance Fee
Resident Record Copy (For people who are registered as residents in Ichinoseki and their household members) *1	300 yen per copy
Certificate of Registered Seal	300 yen per copy
Tax Certificate (For people who are registered as residents in this city and have filed income tax returns or similar documents in this city)	300 yen per copy
Complete Family Register (Personal) Certificate *2	450 yen per copy
Copy of the Family Register Attached List *2	300 yen per copy

\*1 You cannot obtain a residence certificate that includes the resident record code or My Number (individual number)

\*2 People who do not have their family register in Ichinoseki City cannot apply.

#### «Important Notes»

- Only the applicant's My Number Card can be used with this system.
- Face recognition My Number Cards and My Number Cards on smartphones cannot be used.

【Inquiries】 Ichinoseki City Hall, Civic Division  
0191-21-8310

### Convenience store certificate issuance will temporarily be suspended over the New Year holidays

Convenience store certificate issuance services will be suspended during the following period:

- Suspension period:  
Dec 28(Sun) 11:00pm 2026, Jan 5(Mon), 6:30am
- Suspension applies to: all certificates

【Inquiries】 Ichinoseki City Hall, Civic Division  
0191-21-8310

### Disaster prevention administrative information on Ichinoseki Mail

Distributes disaster information and broadcast contents of the outdoor public relations MAST, etc. The information can be accessed by using the following methods.

- To receive information through the app, please download from the QR code below



Android



iOS

- To receive information via email, please send an empty message to the following address

Email : [ichinoseki\\_shobo@x.bmd.jp](mailto:ichinoseki_shobo@x.bmd.jp)

【Inquiries】 Fire Department Fire Department  
0191-25-5912

### Cooperation with snow removal

When snowfall is heavy, vehicles to remove snow are dispatched.

In Ichinoseki, snow is first removed from roads with heavy traffic as well as bus and school commute routes. Snow is removed from late at night to early morning. Ichinoseki City does not remove snow shoveled at home and put out in front of your residence.



#### 【Request for cooperation】

- Please shovel the areas in front of your home yourself

#### 【Caution】

- Do not park on the street
- Do not go near the snowplow
- Do not put snow out onto the street

【Inquiries】 < City road > Ichinoseki City Hall, Road Management Division 0191-21-8523/ Construction and Development Division, Construction and Agriculture Center 0191-53-3973/ Industrial Construction Division of each branch office

< National Route 4 > Mizusawa National Highway Maintenance Branch Office 0197-24-2187

Other National Roads & Prefectural Roads

- Ken'nan Regional Promotion Bureau (Ichinoseki, Hanazumi area)

Ichinoseki Civil Engineering Center: 0191-26-1418

- (Other regions)

Senmaya Civil Engineering Center: 0191-52-4971



### Garbage Sorting App

Guides on "How to Sort Household Garbage" and "How to Put Garbage Out for Collection" can be confirmed on the city's Garbage Sorting App.  
(Available in multiple languages)



Android



iOS

\*For more info, check out Ichinoseki [HP](#)

【Inquiries】 Ichinoseki City Hall Lifestyle and Environment Division 0191-21-8341

### Tips when visiting a medical institution

- Visit a doctor during open hours
- Have a regular physician
- For weekend and evenings, visit a doctor on duty
- Wear a mask when visiting a medical institution

[Ichinoseki City](#)

You can also confirm the list of doctors on duty on holidays via the Ichinoseki City website/official LINE account.



### Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00–20:00) and on duty on Sundays/holidays (9:00–17:00).

[Ichinoseki City](#)

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111. If it's a medical emergency, be sure to call 119.

Please bring your health insurance card and your medication record handbook (*okusuri techou*) when seeing a doctor.

### Emergency telephone consultation service



Call when you are uncertain whether you should go to the hospital or not.  
Staff such as nurses are available for consultation.

### «Children's Emergency Hotline»

- Target: Families, children under 15 years old that live in Iwate Prefecture
- Hours: 7:00 p.m. – 8:00 a.m. (open year-round)
- Phone number: 019-605-9000 or dial #8000



### «Emergency Consultation Service»

- Hours: 24 hours (open all year round)
- Phone: 019-656-1774 or dial #7119

- Ichinoseki City Hall 0191-21-2111
- Senmaya Branch 0191-53-2111
- Kawasaki Branch 0191-43-2111

- Hanaizumi Branch 0191-82-2211
- Higashiyama branch 0191-47-2111
- Fujisawa Branch 0191-63-2111

- Daito Branch 0191-72-2111
- Murone branch 0191-64-2111

Multilingual Information Newsletters are available at the Ichinoseki International Association's office and the Ichinoseki City Library.

Or visit the Ichinoseki International Association [homepage](#)/[Instagram](#)/[Facebook](#)/  
Ichinoseki City Hall [English Guide](#).

## Further resources

<a href="#"><u>Iwate Prefecture</u></a> 	Find link to comprehensive English Guide that includes important information	TEL: 019-651-3111
<a href="#"><u>Iwate International Association</u></a> 	Consultation for foreign residents about various issues such as foreign residency qualifications (visa) and troubles in everyday life. Japanese family and friends of foreigners are also welcome.	TEL: 019-654-8900 Hours: 9:00–20:00
<a href="#"><u>Ichinoseki City English Guide</u></a> 	Find link to comprehensive English Guide that includes important information such as what to do in an emergency, where evacuation centers are, welfare incentives, how to dispose of garbage, and how to go about notification procedures at city hall.	TEL: 0191-21-2111
<a href="#"><u>Ichinoseki International Association</u></a> 	Consultation services for foreign residents available. Staff can speak English and have tools to assist in other languages.	TEL: 0191-34-4711 Hours: 9:00–18:00 (Closed: Sundays/holidays Dec.29–Jan.3)
<a href="#"><u>Yorisoi Hotline</u></a> 	Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement, or human trafficking? Consultation can be made by toll-free number, Facebook messenger, or through an online chat system	Specialized line for foreigners in Iwate, Miyagi, Fukushima: 0120-279-226
<a href="#"><u>AMDA Medical Information Center</u></a> [特定非営利活動法人 AMDA 国際医療情報センター] 	Telephone Consultation for medical matters Free consultation & interpreting service Connection fees will apply	TEL: 03-6233-9266 Hours: 10:00–16:00 (Monday–Friday)