

Notice of payment in October

There are repeated incidents of tax refund scammers posing as city employees. The city will never ask you to visit an ATM or ask for your PIN number.

Beware of Scams!



- 3rd term of City prefectural tax (general collection)
- 4th term of National health insurance tax (general collection)
- 4th term of medical insurance premiums for the elderly (general collection)

Payment deadline: Friday, October 31
We recommend bank transfer for payment of city taxes.

**Application forms for bank transfer are available at financial institutions.*

【Inquiry】

Ichinoseki City Hall Tax Payment Division
0191-21-8261
Or Ichinoseki City Tax Savings Association

October Notification Adult Medical Examination Schedule

If you do not have your medical examination ticket, please apply via the contact information or the QR code on the right.



Colorectal cancer screening
(reception hours: 9:30am~11:30am)

Date	Area	Venue
5 th (Sun)	Ichinoseki	Ichinoseki Community Health Center 一関保健センター

【Inquiries】Health Promotion Division 0191-21-2160
or the Northern/Eastern Health Promotion Offices

Livelihood support consultations

Those concerned about their livelihoods/ financial situation, please consult with us.

- Date: October 2nd, 9th, 16th, 23rd, 30th (every Thursday)
 - Time: 10:00–15:00.
 - Location: Ichinoseki City General Welfare Center
- 【Inquiries】Ichinoseki City Council of Social Welfare
0191-23-6020

《 Mobile consultation (Reservation required) 》

- Date/Time: October 10th (Fri) 10:00–15:00
 - Location: Hanaizumi General Welfare Center/Daito Health Center/Senmaya Rural Labor Welfare Center/Social Welfare Council Fujisawa Branch
- 【Inquiries】
Ichinoseki City Council of Social Welfare Hanaizumi Branch 0191-82-4002 Daito Branch 0191-71-1177
Senmaya Branch 0191-53-2885
Fujisawa Branch 0191-63-5122

International Exchange Notices

【International Sports Tournament】 We'll be playing softball!

- Date: Saturday, November 1
- Time: 10:00am-12:00pm
- Location: Sun Abilities Ichinoseki
- Capacity: 30 people (high school students and above)
- Application deadline: Saturday, October 25th, 3:00pm
- How to apply: Email/[Application form](#)



Application form

【Let's learn about the Charms of Vietnam! 】

University students from Ho Chi Minh City will introduce Vietnam

- Date: Friday, October 24
- Time: 1:30pm-3:00pm
- Location: Nanohana Plaza
- Application deadline: Friday, October 17, 3:00pm
- How to apply: Email/[Application form](#)



Application form

【Inquiries】Ichinoseki International Association
0191-34-4711 Email i-intl@snow.ocn.ne.jp



Flu Shot/Novel Coronavirus Subsidy for Children & Seniors

■ Subsidized Period:

Oct. 1st (Wed) ~ Jan. 31st, 2026 (Sat)

■ Please refer to the city homepage for info on:

- * Those eligible and subsidized amounts
- * Eligible Medical Facilities



For information on pediatric influenza vaccine, [see here](#).

For information on influenza/COVID-19 vaccine in the elderly, [see here](#).



- Make a reservation in advance at a medical facility.
- Vaccination tickets and pre-vaccination questionnaire are distributed by participating facilities.
- Those wishing to get vaccinated at a non-participating facility should inquire at the numbers below.

■ Note:

- ① Vaccines cannot be administered to those with a fever greater than 37.5°C or a serious illness.
- ② In some cases, the doctor may decide to postpone vaccination. Please consult with your doctor on a day that you're in good health.

【Vaccination and cost, subsidy process】

- ① Make a reservation at a medical institution in advance
- ② Bring your health insurance card and maternal and child health handbook to receive the vaccination. A pre-examination form/vaccination ticket will be given out at the medical institution where the vaccination will be administered
- ③ Pay the amount determined by each medical institution minus the subsidy amount

【Everyday Precautions are Important】

Vaccines are not guaranteed to completely prevent infection. Please be thorough with infection prevention measures such as mask-wearing, handwashing, and gargling.

【Inquiries】

《About Flu Shots for Children》

Children and Domestic Affairs Division 0191-21-5409

《About Flu Shots/Novel Coronavirus for Seniors》

Health Promotion Division 0191-21-2160

The Ichinoseki-Hiraizumi Hot Air Balloon Festival 2025

Competition flights * Subject to change depending on weather conditions

October 10th (Fri) and October 11th (Sat), 6:10am-12:45pm-

October 12th (Sun), 6:10am-

◇ Location: Ichinoseki Mizube Plaza, Ichinoseki Hirose UDome Parking Lot, and more.

Tethered hot air balloon ride, hot air balloon class

◇ Date and time/location

Friday, October 10th, Ichinoseki Mizube Plaza

Saturday, October 11th and Sunday, October 12th, Ichinoseki Hirose UDome Parking Lot

◇ Time: 7:00am onwards

* Advance reservations required through "[Ichi Tabi](#)" (Ichinoseki Tourism Association website)



Ichi Tabi

Balloon Illusion

◇ Date and time: October 11th (Sat), 6:00pm

◇ Location: Iwai River Green Space



Balloon Festival Facebook

【Inquiries】Ichinoseki Hiraizumi Balloon Festival 2025

Executive Committee (Ichinoseki City Hall, Tourism and Local Products Division) 0191-21-8413

For inquiries on the day: 070-1141-4138/070-1144-7683

National Mochi Festival in Ichinoseki

Enjoy unique regional mochi dishes. There will also be a mochi-pounding competition and a mochi-throwing event.

◇ Date and time:

October 11th (Sat), 10:00am-4:00pm

October 12th (Sun), 10:00am-3:00pm

◇ Location: Ichinoseki Hirose UDome

【Inquiries】

National Mochi Festival 2025 in Ichinoseki

Executive Committee (Ichinoseki City Hall, Tourism and Products Division) 0191-21-8415



Agricultural Festival/Housing Festival 2025

◇ Time/Date: October 25 (Sat) 9:30am-4:00pm

October 26 (Sun) 9:30am-3:30pm

* Agricultural Festival is ends at 3:00pm

◇ Location: Ichinoseki Hirose U-Dome



Click [here](#) for more details

【Inquiries】Agricultural Festival: Ichinoseki Industrial

Festival Committee 0191-21-8421/Housing

Festival: Housing Festival 2025 Executive

Committee Secretariat 0191-21-8541

Commerce and Industry Festival

◇ Time/Date: October 18 (Sat) 9:30am-4:00pm, October 19 (Sun) 9:30am-3:00pm

◇ Place: Nanohana Plaza/Main Street Pedestrian Mall

【Inquiries】Iwate Nichi-nichi Shimbun Sales Office Secretariat: 0191-26-5111



Click [here](#) for more details

Garbage Sorting App

Guides on “How to Sort Household Garbage” and “How to Put Garbage Out for Collection” can be confirmed on the city’s Garbage Sorting App. (Available in multiple languages)



Android



iOS

*For more info, check out Ichinoseki [HP](#)

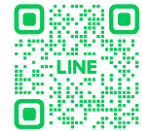
【Inquiries】Ichinoseki City Hall Lifestyle and Environment Division 0191-21-8341

Tips when visiting a medical institution

- Visit a doctor during open hours
- Have a regular physician
- For weekend and evenings, visit a doctor on duty
- Wear a mask when visiting a medical institution



[Ichinoseki City](#)



You can also confirm the list of doctors on duty on holidays via the Ichinoseki City website/official LINE account.



Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00–20:00) and on duty on Sundays/holidays (9:00–17:00).



[Ichinoseki City](#)

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111. If it's a medical emergency, be sure to call 119.

Please bring your health insurance card and your medication record handbook (*okusuri techou*) when seeing a doctor.

Emergency telephone consultation service



Call when you are uncertain whether you should go to the hospital or not. Staff such as nurses are available for consultation.

《Emergency Consultation Service》

- Hours: 24 hours (open all year round)
- Phone: 019-656-1774 or dial #7119

《Children's Emergency Hotline》

- Target: Families, children under 15 years old that live in Iwate Prefecture
- Hours: 7:00 p.m. – 8:00 a.m. (open year-round)
- Phone number: 019-605-9000 or dial #8000

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|-----------------------|--------------|---------------------|--------------|----------------|--------------|
| ●Ichinoseki City Hall | 0191-21-2111 | ●Hanaizumi Branch | 0191-82-2211 | ●Daito Branch | 0191-72-2111 |
| ●Senmaya Branch | 0191-53-2111 | ●Higashiyama branch | 0191-47-2111 | ●Murone branch | 0191-64-2111 |
| ●Kawasaki Branch | 0191-43-2111 | ●Fujisawa Branch | 0191-63-2111 | | |

Multilingual Information Newsletters are available at the Ichinoseki International Association's office and the Ichinoseki City Library.

Or visit the Ichinoseki International Association [homepage/Instagram/Facebook/](#)

Ichinoseki City Hall [English Guide](#).

Further resources

<u>Iwate Prefecture</u> 	Find link to comprehensive English Guide that includes important information	TEL: 019-651-3111
<u>Iwate International Association</u> 	Consultation for foreign residents about various issues such as foreign residency qualifications (visa) and troubles in everyday life. Japanese family and friends of foreigners are also welcome.	TEL: 019-654-8900 Hours: 9:00–20:00
<u>Ichinoseki City English Guide</u> 	Find link to comprehensive English Guide that includes important information such as what to do in an emergency, where evacuation centers are, welfare incentives, how to dispose of garbage, and how to go about notification procedures at city hall.	TEL: 0191-21-2111
<u>Ichinoseki International Association</u> 	Consultation services for foreign residents available. Staff can speak English and have tools to assist in other languages.	TEL: 0191-34-4711 Hours: 9:00–18:00 (Closed: Sundays/holidays Dec.29–Jan.3)
<u>Yorisoi Hotline</u> 	Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement, or human trafficking? Consultation can be made by toll-free number, Facebook messenger, or through an online chat system	Specialized line for foreigners in Iwate, Miyagi, Fukushima: 0120-279-226
<u>AMDA Medical Information Center</u> 〔特定非営利活動法人 AMDA 国際医療情報センター〕 	Telephone Consultation for medical matters Free consultation & interpreting service Connection fees will apply	TEL: 03-6233-9266 Hours: 10:00–16:00 (Monday–Friday)