

Notice of payment in May

There are repeated incidents of tax refund scammers posing as city employees.
The city will never ask you to visit an ATM or ask for your PIN number.

Beware of Scams!



① Light vehicle tax

Payment deadline : Monday, June 2

We recommend bank transfer for payment of city taxes.

** Application forms for bank transfer are available at financial institutions.*

【Inquiry】

Ichinoseki City Hall Tax Payment Division
0191-21-8261
Or Ichinoseki City Tax Savings Association

Livelihood support consultations

Those concerned about their livelihoods/ financial situation, please consult with us.

- Date: May 1st, 8th, 15th, 22nd, 29th (every Thursday)
- Time: 10:00am - 3:00pm
- Location: Ichinoseki City General Welfare Center
- 【Inquiries】 Ichinoseki City Council of Social Welfare
0191-23-6020

《 Mobile consultation (Reservation required) 》

- Date/Time: May 9th (Fri)
10:00am- 3:00pm
- Location: Hanaizumi General Welfare Center/Daito Health Center/Senmaya Rural Labor Welfare Center/Social Welfare Council Fujisawa Branch

【Inquiries】

Ichinoseki City Council of Social Welfare Hanaizumi Branch 0191-82-4002 Daito Branch 0191-71-1177
Senmaya Branch 0191-53-2885
Fujisawa Branch 0191-63-5122

Garbage Disposal Workshop

Have fun learning how to separate and throw out trash and learn about garbage separation of different countries.

- Date and Time : May 24 (Sat.) 10:00am - 11:30pm
- Venue: Senmaya Civic Center
- Capacity: 30 people
- Application cut off: May 16 (Fri) 3:00pm
- How to apply:
phone/E-mail/[application form](#)



【Inquiry】 Ichinoseki International Association
0191-34-4711
Email i-intl@snow.ocn.ne.jp

Garbage Sorting App

Guides on “How to Sort Household Garbage” and “How to Put Garbage Out for Collection” can be confirmed on the city’s Garbage Sorting App.
(Available in multiple languages)



Android



iOS

*For more info, check out Ichinoseki [HP](#)

【Inquiries】 Ichinoseki City Hall Lifestyle and Environment Division 0191-21-8341

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| ●Ichinoseki City Hall 0191-21-2111 | ●Hanaizumi Branch 0191-82-2211 | ●Daito Branch 0191-72-2111 |
| ●Senmaya Branch 0191-53-2111 | ●Higashiyama branch 0191-47-2111 | ●Murone branch 0191-64-2111 |
| ●Kawasaki Branch 0191-43-2111 | ●Fujisawa Branch 0191-63-2111 | |

Multilingual Information Newsletters are available at the Ichinoseki International Association's office and the Ichinoseki City Library.

Or visit the Ichinoseki International Association [homepage/Instagram/Facebook/](#)

Ichinoseki City Hall [English Guide](#).

May Notification Adult Medical Examination Schedule

- Medical screenings for adults will start on May 7th (Wednesday) in Ichinoseki.
- There are "simultaneous examination" schedules that allow you to undergo several tests in a single day, including cardiovascular and cancer screenings. Check the schedule and take this opportunity to visit.
- If you do not have your medical examination ticket, please apply via the contact information or the QR code on the right.



◇ Simultaneous consultation (reception hours: 6:45 am to 9:00 am)

Cardiovascular examination (basic medical examination, specific examination, examination of latter stage elderly)

Gastric cancer screening, colorectal cancer screening, lung cancer screening, Tuberculosis screening, hepatitis virus screening

Papillary virus screening					
Date	Area	Venue	Date	Area	Venue
7 th (Wed)	Ichinoseki	Ichinoseki Community Health Center 一関保健センター	22 nd (Thurs)	Murone	Murone Kyoku Roku Fureai Center 室根曲ろくふれあいセンター
8 th (Thurs)			23 rd (Fri)		
9 th (Fri)			24 th (Sat)		
10 th (Sat)	Higashiyama	Higashiyama Regional Exchange Center 東山地域交流センター	25 th (Sun)	Daito	Daito Volleyball Memorial Hall 大東バレーボール記念館
11 th (Sun)			26 th (Mon)		
12 th (Mon)			27 th (Tues)		Daito Worker's Sports Center 大東勤労者体育センター
13 th (Tues)		Matsukawa Civic Center 松川市民センター	28 th (Wed)		
14 th (Wed)	Ichinoseki	Ichinoseki Community Health Center 一関保健センター	29 th (Thurs)	Kawasaki	Kawasaki Gymnasium 川崎体育センター
15 th (Thurs)			30 th (Fri)		
16 th (Fri)			31 st (Sat)		
19 th (Mon)	Hanaizumi	Hanaizumi General Welfare Center 花泉総合福祉センター	◇Cervical cancer screening/ Breast cancer screening		
20 th (Tues)					
21 st (Wed)					

【Inquiries】Health Promotion Division 0191-21-2160
or the Northern/Eastern Health Promotion Offices



Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00-20:00)
and on duty on Sundays/holidays(9:00-17:00).



[Ichinoseki City](#)

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111. If it's a medical emergency, be sure to call 119.

Please bring your health insurance card and your medication record handbook (*okusuri techou*) when seeing a doctor.

Emergency telephone consultation service

Call when you are uncertain whether you should go to the hospital or not.
Staff such as nurses are available for consultation.



《Emergency Consultation Service》

- Hours: 24 hours (open all year round)
- Phone: 019-656-1774 or dial #7119

《Children's Emergency Hotline》

- Target: Families, children under 15 years old that live in Iwate Prefecture
- Hours: 7:00pm - 8:00am (open year-round)
- Phone number: 019-605-9000 or dial #8000