


Ichinoseki Multilingual Information

Ichinoseki International Association/
Ichinoseki ILC Promotion Division

English

2月

February
2025



Translated excerpts from the public Ichinoseki newsletter, 'I-style'.

Novel Coronavirus (for senior citizens)

Extending the period for subsidies for vaccinations



The subsidy period for COVID-19 vaccinations will be extended until Monday, March 31st. Those who wish to receive the vaccination should make an appointment early and get vaccinated.

Eligible persons	Those with an address in Ichinoseki, ① Persons 65 years and older ② Persons aged 60-64 as of the date of vaccination whose immune function is equivalent to level 1 in the physical disability certificate for heart, kidney, respiratory system human immunodeficiency virus.
Grant amount	11,800 yen per visit *Full subsidies for those living in households on public assistance.
What to bring	Individual Number card or health insurance card *Pre-examination and vaccination tickets will be distributed by the medical institution where the vaccination will be administered.
Vaccines administered	Vaccines available differ depending on the medical institution, so please inquire at the medical institution where you will receive the vaccination for details.
Vaccination Venue	Medical institutions in Ichinoseki City For more information, refer to the Ichinoseki City website or the October 2024 issue of I-style. Depending on the medical institution, vaccine administration may end early within this period. After February, vaccination costs will no longer be subsidized at out-of-town medical facilities.



【[Medical Institutions](#)】

【Inquiries】 Health Promotion Division 0191-21-2160

Application forms for 2025 health examinations for adults have been sent

The form will be delivered to the head of each household with eligible persons in late January. Please send the application form in the reply envelope enclosed.

Those who do not wish to apply also need to submit the form.

- Application deadline: Wednesday, Feb 12

【Inquiries】 Health Promotion Division: 0191-21-2160
Or the health and welfare section at any branch

Take a specific medical checkup

Information and a medical examination form will be sent to eligible applicants in April 2024.

Those who wish to receive the examination should make an appointment at a medical institution in Ichinoseki and receive the examination by the deadline.

*For details, please check the Ichinoseki City website.
Eligibility: People between the ages of 40 and 74 who are enrolled in Ichinoseki City's National Health Insurance system.

Deadline: Friday, February 28

【Inquiries】 Health Promotion Division 0191-21-2160



Notice of payment in February

There are repeated incidents of tax refund scammers posing as city employees. The city will never ask you to visit an ATM or ask for your PIN number.

Beware of Scams!



- ① 4th term of term of Property tax
- ② 8th term of National health insurance tax (general collection)
- ③ 8th term of medical insurance premiums for the elderly (general collection)

Payment deadline: Friday, February 28

【Inquiry】

Ichinoseki City Hall Tax Payment Division
0191-21-8261
Or Ichinoseki City Tax Savings Association

Livelihood support consultations

Those concerned about their livelihoods/financial situation, please consult with us.

- Date: February 6th, 13th, 20th, 27th (every Thursday)
 - Time: 10:00am- 3:00 pm
 - Location: Ichinoseki City General Welfare Center
- 【Inquiries】
Ichinoseki City Council of Social Welfare 0191-23-6020

《 Mobile consultation (Reservation required) 》

- Date/Time: February 14th (Friday)
10:00am~3:00pm
- Location: Hanaizumi General Welfare Center/Daito Health Center/Senmaya Rural Labor Welfare Center/Social Welfare Council Fujisawa Branch

【Inquiries】

Ichinoseki City Council of Social Welfare
Hanaizumi Branch 0191-82-4002 Daito Branch
0191-71-1177 Senmaya Branch 0191-53-2885
Fujisawa Branch 0191-63-5122

Notices from the International Association

【Multicultural Disaster Prevention Seminar】

What should you do in an earthquake, fire, or typhoon?
Learn how to prepare to save your life!

- Date/Time: February 22 (Sat) 10:00 am~11:30 am
- Place: Ichinoseki General Disaster Prevention Center
- Cost: Free
- Target Participants: Foreign residents or those interested in helping foreigners
- Max No. of Participants: 30
- RSVP: Please respond by February 10 (Mon) via the [application](#)



【Korean Cooking Class】

Have fun learning about culture through food!

- Date/time: March 5 (Wed) 10:00am-12:30pm
- Venue: Murone Community Center
- Fee: 500yen (for ingredients)
- Capacity: 20 people
- Application: Please respond by Feb 25 (Tue) 3:00pm via the [application](#)



【Inquiries】

Ichinoseki International Association
0191-34-4711

Ofunato Line time schedule changes

The JR Ofunato Line time schedule to be revised on March 15th.

Please check the JR East website (Train operation information) for details.

【Inquiries】 JR East Inquiry Center
050-2016-1600



After-Hours Children's Emergency Hotline

A telephone helpline to consult with a nurse about responses and emergency measures for children's illnesses.

- Hours: 7:00pm - 8:00am
- Open year-round
- Phone number: 019-605-9000
Or dial #8000



Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00-20:00) and on duty on Sundays/holidays.



[Ichinoseki City](#)

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111.
If it's a medical emergency, be sure to call 119.

Please bring your health insurance card and your medication record handbook (*okusuri techou*) when seeing a doctor.