English

December 2024

Ichinoseki Multilingual Information

Ichinoseki International Association/ Ichinoseki ILC Promotion Division

Translated excerpts from the public Ichinoseki newsletter, 'I-style'

Year-end garbage disposal Ichinoseki Garbage Daito Garbage Disposal Center **Disposal Center** Until Dec 30th (Mon) Garbage Collection From Jan 3rd (Fri) From Jan 2nd (Thurs) Acceptance Until Dec 28th (Sat) Until Dec 27th (Fri) of 11:30am 4:30pm Garbage

* Please confirm with the garbage disposal calendar.

From Jan 4th (Sat)

[Inquiries]Ichinoseki Garbage Disposal Center 0191-21-2157/Daito Garbage Disposal Center 0191-75-3149

Notice of payment

There are repeated incidents of tax refund scammers posing as city employees. The city will never ask you to visit an ATM or ask for your PIN number.

Beware of Scams!



From Jan 6th (Mon)

① Fixed asset tax 3rd term

(brought

in)

- ② National Health Insurance Tax (general collection) 6th term
- ③ Medical insurance premiums for the latter-stage elderly (general collection) 6th term
- Payment deadline: Monday, January 6th, 2025

[Inquiry] Ichinoseki City Hall Tax Payment Division 0191-21-8261

Or Ichinoseki City Tax Savings Association

Cooperation with snow removal

When snowfall is heavy, vehicles to remove snow are dispatched.

In Ichinoseki, snow is first removed from roads with heavy traffic as well as bus and school commute routes. Snow is removed from late at night to early morning. Ichinoseki City does not remove snow shoveled at home and put out in front of your residence.

[Request for cooperation]

• Please shovel the areas in front of your home yourself [Caution]

• Do not park on the street



• Do not put snow out onto the street

Do not go near the snowplow

[Inquiry] 〈City road〉Ichinoseki City Hall, Road Management Division 0191-21-8523/ Construction and Development Division, Construction and Agriculture Center 0191-53-3973/ Industrial Construction Division of each branch office

{National Highway4>Mizusawa National Highway Maintenance
Branch Office 0197-24-2187

Disaster prevention administrative information on Ichinoseki Mail

Distributes disaster information and broadcast contents of the outdoor public relations MAST, etc. The information can be accessed by using the following methods.

•To receive information through the app,

please download from the QR code below

Android

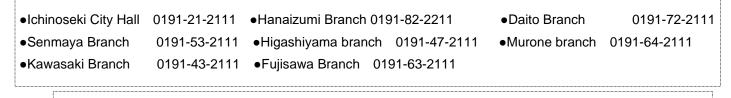


iOS

•To receive information via email, please send an empty message to the following address

Email: ichinoseki_shobo@x.bmd.jp

[Inquiries] Fire Department Fire Department 0191-25-5912



Multilingual Information Newsletters are available at the Ichinoseki International Association's office and the Ichinoseki City Library.

Or visit the Ichinoseki International Association homepage/Instagram/Facebook/

Ichinoseki City Hall English Guide.

December Notification Adult Medical Examination Schedule

Please contact the Health Promotion Division if you do not have a medical examination ticket at hand.

♦ Colorectal cancer screening

♦ Gastric cancer screening, colorectal cancer screening

Date	Area	Time
6 th (Fri)	Ichinoseki Community Health	6:30am~8:30am
	Center	

Cervical cancer screening *reservations required for morning examinations

Date	Area	Time
21 st (Sat)	Ichinoseki Community Health Center	9:30am~10:30am 1:00pm~2:00pm

Those who do not have a cervical cancer screening ticket, apply here.



Those who'll undergo cervical cancer screening in the morning, reserve here.



Please cooperate with prevention methods of infectious diseases

- ① Postpone consultation if you or a member of your family is in poor physical condition.
- 2 Wear a mask.

[Inquiries]

Health Promotion Division 0191-21-2160

or the Northern/Eastern Health Promotion Offices

Livelihood support consultations

Those worried about their livelihoods/financial situation please consult with us.

- Date: December 5th,12th, 19th, 26th (every Thursday)
- Time: 10:00am- 3:00 pm

• Location: Ichinoseki City General Welfare Center [Inquiries]

Ichinoseki City Council of Social Welfare 0191-23-6020

《 Mobile consultation (Reservation required) 》

 Date/Time: December 13th (Friday) 10:00am~3:00pm

• Location: Hanaizumi General Welfare Center/Daito Health Center/Senmaya Rural Labor Welfare Center/Social Welfare Council Fujisawa Branch

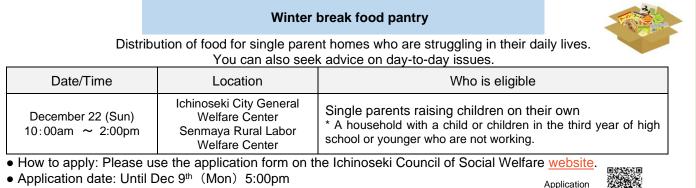
[Inquiries]

Ichinoseki City Council of Social Welfare Hanaizumi Branch 0191-82-4002 Daito Branch 0191-71-1177 Senmaya Branch 0191-53-2885 Fujisawa Branch 0191-63-5122

After-Hours Children's Emergency Hotline

A telephone helpline to consult with a nurse about responses and emergency measures for children's illnesses.

- Hours: 7:00pm 8:00am
- Open year-round
- Phone number: 019-605-9000 Or dial #8000



[Inquiries] Ichinoseki City Council of Social Welfare 0191-23-6020



Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00-20:00) and on duty on Sundays/holidays.



Ichinoseki City

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111. If it's a medical emergency, be sure to call 119. Please bring your health insurance card and your medication record handbook (*okusuri techou*) when seeing a doctor.



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