

Ichinoseki Multilingual Information

Ichinoseki International Association/
Ichinoseki ILC Promotion Division

Translated excerpts from the public Ichinoseki newsletter, 'I-style'.



**No charge
for
vaccines!**

Regarding the COVID-19 Vaccination

~Free vaccination is available until Sunday, March 31~

If you have not received a novel corona vaccination after Wednesday, September 20, 2023 and wish to be vaccinated, please make an appointment as soon as possible.

If you do not have your vaccination ticket, please contact the call center.

**Reservations and enquiries regarding
COVID-19 vaccination**

Ichinoseki COVID-19 Vaccination Call Center

0120-033-567 (toll free number)

Time: 9:00am~7:00pm (everyday)

Health Promotion Division (within the Ichinoseki Health Center) 0191-21-2160

Eastern Health Promotion Office (Senmaya branch) 0191-53-3952

Northern Health Promotion Office (Daito branch) 0191-72-4087



[【List of venues】](#)

**Please check for the newest
updates here:**

- Ichinoseki Homepage



Other Information

Application forms for 2024 health examinations for adults have been sent

The form will be delivered to the head of each household with eligible persons in late January.

Please send the application form in the reply envelope enclosed.

Those who do not wish to apply also need to submit the form.

- Application deadline: Feb 14 (Wednesday)

【Inquiries】 Health Promotion Division: 0191-21-2160
Or the health and welfare section at any branch

Take a specific medical checkup

Information and a medical examination form will be sent to eligible applicants in April 2023.

Those who wish to receive the examination should make an appointment at a medical institution in Ichinoseki and receive the examination by the deadline.

*For details, please check the Ichinoseki City website.
Eligibility: People between the ages of 40 and 74 who are enrolled in Ichinoseki City's national health insurance system.

Deadline: Thursday, February 29

【Inquiries】 Health Promotion Division 0191-21-2160

Notice of payment in February

There are repeated incidents of tax refund scammers posing as city employees.

The city will never ask you to visit an ATM or ask for your PIN number.

Beware of Scams!



- ① 4th term of term of Property tax
- ② 8th term of National health insurance tax (general collection)
- ③ 8th term of medical insurance premiums for the elderly (general collection)

Payment deadline: Thursday, February 29th

We recommend bank transfer for payment of city taxes.

* Application forms for bank transfer are available at financial institutions.

【Inquiry】

Ichinoseki City Hall Tax Payment Division
0191-21-8261

Or Ichinoseki City Tax Savings Association

Commencement of Facial recognition Individual Number Cards

The Facial Recognition Individual Number Card eliminates the need to set a PIN number and uses 'device-based facial recognition' or 'visual facial recognition' to reduce the burden on people who are concerned about setting and managing a PIN number.



- Available services
 - ◇ Health insurance card (registration for use as a health insurance card is required)
 - ◇ Identification documents containing face photo and personal information (name, date of birth, gender, address)
 - Services that cannot be used
 - ◇ Convenience store delivery of various certificates ◇ MyNaPortal ◇ Other online procedures
- * Both those who will receive an Individual Number Card in future and those who already have an Individual Card can apply.

~You can apply for Individual Number Cards through the post~

- Period: Until March 29, 2024 (Fri) weekdays 9:00am~5:00pm (*Except for holidays)
 - Post offices you can apply at: Ichinoseki, Ichinoseki Chuou-cho, Hanaizumi, Ohara, Surisawa, Okita, Senmaya, Konashi, Higashiyama, Murone, Usuginu, Fujisawa, Kinomi
 - Other: Photographs will be taken at the post office.
- *Cards can be picked up at the main or branch office of the city hall in your area of residence.

RSVP Only

~Individual Number Card onsite group application~

Upon advance reservation from groups or organizations of approximately five or more people, staff members will go to business establishments and meeting places within Ichinoseki to accept Individual Number Card applications on site.

- Opening days: Every Wednesday and Thursday until March 7, 2024
- How to make an appointment: Email, post, or bring the application form for on-site application to the Civic Division of Ichinoseki City Hall by Tuesday (or Monday if Tuesday is a holiday) of the week prior to the desired date.

Send application e-mail to: shimin@city.ichinoseki.iwate.jp

- Other: Application forms for on-site application are available on the Ichinoseki City website, Civic Division of Ichinoseki City Hall and Citizen's Welfare Division of each branch office.

Individual Number Card
onsite group application



RSVP Only

~Individual Number Card Application and Issuing Window Opens~

- Reception Dates/Time: 2024, February 25th, March 10th (All Sundays) 9:00 am~11:30 am

*These dates may change. Please check when making a reservation.

- Locations: Ichinoseki City Hall and each branch office's Civic and Welfare Division

* Cards can only be received at the head office or branch office of your residential area.

* Applications can be done at any office.

● Appointments/Inquiries: Please make an appointment by phone at the head office or branch office by the Wednesday before the desired date. (Reservations are accepted weekdays from 8:30 a.m. to 5:15 p.m.)

- Other: ID photos will be taken at the weekend application window, so there is no need to prepare a photograph.

【Inquiries】 Ichinoseki City Hall Civic Division 0191-21-8310

Ichinoseki's
Individual Number
Card application



- | | | |
|-------------------------------------|-----------------------------------|------------------------------|
| ● Ichinoseki City Hall 0191-21-2111 | ● Hanaizumi Branch 0191-82-2211 | ● Daito Branch 0191-72-2111 |
| ● Senmaya Branch 0191-53-2111 | ● Higashiyama branch 0191-47-2111 | ● Murone branch 0191-64-2111 |
| ● Kawasaki Branch 0191-43-2111 | ● Fujisawa Branch 0191-63-2111 | |

Livelihood support consultations

Those worried about their livelihoods/financial situation please consult with us.

- Date: February 1st, 8th, 15th, 22nd, 29th (every Thursday)
- Time: 10:00am- 3:00 pm
- Location: Ichinoseki City General Welfare Center

《 Mobile consultation (Reservation required) 》

- Date/Time: February 9th (Friday) 10:00am~3:00pm
- Location: Hanaizumi General Welfare Center/Daito Health Center/Senmaya Rural Labor Welfare Center/Social Welfare Council Fujisawa Branch

【Inquiries】

Ichinoseki City Council of Social Welfare
0191-23-6020 Hanaizumi Branch 0191-82-4002 Daito Branch 0191-71-1177 Senmaya Branch 0191-53-2885 Fujisawa Branch 0191-63-5122

International Exchange through FUTSAL

Whether you like FUTSAL or are new to it, everyone is welcome to join in the fun!

- Date: Sunday, February 25
- Time: 1:00pm-4:00pm
- Place: Ichinoseki Shuko High School Gymnasium
- Target: People who are interested in supporting foreigners and foreign residents
- Number of participants: 20
- Application deadline: Sunday, February 18
- How to apply: e-mail/application form (<https://forms.gle/KqnVCRmDE3qhJJs97>)



【Inquiries】

Ichinoseki International Association 0191-34-4711
Email: i-intl@snow.ocn.ne.jp

Seminar explaining the ILC will be held

Explanations on the significance of ILC, efforts to realize ILC, safety considerations, and more.

- Date: February 17th (Saturday)
- Time: 1:30pm to 2:30pm
- Place: Kawasaki Civic Center
- Target: Anyone can participate
- Capacity: 200 people
- Application: Access the application form by phone/FAX/QR code and apply by February 15th (Thursday).



*When applying, please confirm (1) name, (2) address, and (3) phone number.

【Inquiries】

Ichinoseki City Hall ILC Promotion Division
TEL: 0191-21-8315 FAX: 0191-21-2164

Disaster prevention administrative information on Ichinoseki Mail

Distributes disaster information and broadcast contents of the outdoor public relations MAST, etc. The information can be accessed by using the following methods.

- To receive information through the app, please download from the QR code below



Android



iOS

- To receive information via email, please send an empty message to the following address

Email : ichinoseki_shobo@x.bmd.jp

【Inquiries】 Fire Department Fire Department
0191-25-5912

Multilingual Information Newsletters are available at the Ichinoseki International Association's office and the Ichinoseki City Library.

Or visit the Ichinoseki International Association [homepage/Instagram/Facebook/](#)
Ichinoseki City Hall [English Guide](#).



Further resources

Iwate Prefecture 	Find link to comprehensive English Guide that includes important information	
Iwate International Association 	Consultation for foreign residents about various issues such as foreign residency qualifications (visa) and troubles in everyday life. Japanese family and friends of foreigners are also welcome.	TEL: 019-654-8900 Hours: 9:00am~8:00pm
Ichinoseki City English Guide 	Find link to comprehensive English Guide that includes important information such as what to do in an emergency, where evacuation centers are, welfare incentives, how to dispose of garbage, and how to go about notification procedures at city hall.	
Ichinoseki International Association 	Consultation services for foreign residents available. Staff can speak English and have tools to assist in other languages.	TEL: 0191-34-4711 Hours: 9:00am~6:00pm (Closed Thurs/holidays/ Dec.29~Jan.3)
Yorisoi Hotline 	Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement, or human trafficking? Consultation can be made by toll-free number, Facebook messenger, or through an online chat system	Specialized line for foreigners in Iwate, Miyagi, Fukushima: 0120-279-226
AMDA Medical Information Center 〔特定非営利活動法人 AMDA 国際医療情報センター〕 	Telephone Consultation for medical matters Free consultation & interpreting service Connection fees will apply	TEL: 03-6233-9266 Hours: 10:00am~4:00pm (Monday~Friday)

Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00-20:00) and on duty on Sundays/holidays.

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111.

If it's a medical emergency, be sure to call 119.

Please bring your health insurance card and your medication record handbook (*okusuri techou*) when seeing a doctor.



Ichinoseki City

After-Hours Children's Emergency Hotline

A telephone helpline to consult with a nurse about responses and emergency measures for children's illnesses.

- Hours: 7:00pm - 8:00am
- Open year-round
- Phone number: 019-605-9000
Or dial #8000

