

Ichinoseki Multilingual Information

Ichinoseki International Association/Ichinoseki ILC Promotion Division
Translated excerpts from the public Ichinoseki newsletter, 'I-style'.

Regarding the COVID-19 Vaccination

~The Daiichi Sankyo Company vaccine will also be administered from January~

◇ Targeted at persons 12 years of age and older who have completed the first and second doses and have not received the third or subsequent novel coronavirus vaccine on or after September 20 (Wednesday).

**No charge
for
vaccines!**

Medical institutions using Daiichi Sankyo vaccines	How to reserve
Okazaki Orthopedics (Sannoseki) Showa Hospital (Tamuracho) Fujisawa Hospital (Fujisawacho)	Via the internet or call center (0120-033-567)
Okutama Clinic (Okutama, Senmaya-cho)	0191-56-2751 directly at their reception

* For further details, check the Ichinoseki homepage

~Pfizer/Moderna vaccines will continue to be administered~

Novel Coronavirus vaccines are available free of charge until Sunday, March 31. Those who wish to be vaccinated should do so as soon as possible.

*6 months to 4 years of age: It takes about 11 weeks to complete the first three doses, so please get the first dose by January 12 (Friday).

Reservations and enquiries regarding COVID-19 vaccination

Ichinoseki COVID-19 Vaccination Call Center
0120-033-567 (toll free number)
Time: 9:00am~7:00pm (everyday)

Health Promotion Division (within the Ichinoseki Health Center) 0191-21-2160

Please check for the newest updates here:

- Ichinoseki Homepage



Other Information

Please cooperate with ID checks at reception counters

To prevent false notifications impersonating the applicant's identity or requests for certificates by fraudulent means, the identity of the notifier, applicant, and proxy is verified when notifying a change of residence or family register or when requesting a certificate of residence or a copy of family register.

When a proxy makes a request, a letter of attorney is required in addition to identification documents.

◇ Identification documents that must be presented (any one of the following)

● A driver's license ● My number card ● Identification card with a photograph issued by a government or municipal office, etc.

*If you do not have a photo ID, please present two of the following documents: Health Insurance Card, Pension Book, Pension Certificate, or Nursing Care Insurance Card.

【Inquiries】 Ichinoseki City Hall Citizen Section 0191-21-8310 or Citizen Welfare Section of each branch office



There are many ways to apply for the Individual Number Card

~You can apply for Individual Number Cards through the post~

- Period: Until March 29, 2024 (Fri) weekdays 9:00am~5:00pm (Excluding national holidays/December 29 -January 3)
- Post offices you can apply at: Ichinoseki, Ichinoseki Chuou-cho, Hanaizumi, Ohara, Surisawa, Okita, Senmaya, Konashi, Higashiyama, Murone, Usuginu, Fujisawa, Kinomi
- Other: Photographs will be taken at the post office.

*Cards can be picked up at the main or branch office of the city hall in your area of residence.

RSVP Only

~Individual Number Card onsite group application~

Upon advance reservation from groups or organizations of approximately five or more people, staff members will go to business establishments and meeting places within Ichinoseki to accept Individual Number Card applications on site.

- Opening days: Every Wednesday and Thursday until March 7, 2024
*Except for holidays and January 4
- How to make an appointment: Email, post, or bring the application form for on-site application to the Civic Division of Ichinoseki City Hall by Tuesday (or Monday if Tuesday is a holiday) of the week prior to the desired date.

Send application e-mail to: shimin@city.ichinoseki.iwate.jp

Submit application form to:

7-2, Takeyama-cho, Ichinoseki City, 021-8501

Citizen Section, Ichinoseki City Hall

Individual Number Card
onsite group application



*To prevent duplication of dates, please check availability and make a tentative reservation in advance.

- Other: Application forms for on-site application are available on the Ichinoseki City website, Civic Division of Ichinoseki City Hall and Citizen's Welfare Division of each branch office.

RSVP Only

~Individual Number Card Application and Issuing Window Opens~

- Reception Dates/Time: January 28th 2024, February 25th, March 10th (All Sundays) 9:00 am~11:30 am

*These dates may change. Please check when making a reservation.

- Locations: Ichinoseki City Hall and each branch office's Civic and Welfare Division

* Cards can only be received at the head office or branch office of your residential area.

* Applications can be done at any office.

- Appointments/Inquiries: Please make an appointment by phone at the head office or branch office by the Wednesday before the desired date. (Reservations are accepted weekdays from 8:30 a.m. to 5:15 p.m.)

- Other: ID photos will be taken at the weekend application window, so there is no need to prepare a photograph.

【Inquiries】 Ichinoseki City Hall Civic Division 0191-21-8310

Ichinoseki's
Individual Number
Card application



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|------------------------------------|----------------------------------|-----------------------------|
| ●Ichinoseki City Hall 0191-21-2111 | ●Hanaizumi Branch 0191-82-2211 | ●Daito Branch 0191-72-2111 |
| ●Senmaya Branch 0191-53-2111 | ●Higashiyama branch 0191-47-2111 | ●Murone branch 0191-64-2111 |
| ●Kawasaki Branch 0191-43-2111 | ●Fujisawa Branch 0191-63-2111 | |

Livelihood support consultations

Those worried about their livelihoods/financial situation please consult with us.

- Date: January 4th, 11th, 18th, 25th (every Thursday)
- Time: 10:00am- 3:00 pm
- Location: Ichinoseki City General Welfare Center

《 Mobile consultation (Reservation required) 》

- Date/Time: January 12th (Friday)
10:00am~3:00pm
- Location: Hanaizumi General Welfare Center/Daito Health Center/Senmaya Rural Labor Welfare Center/Social Welfare Council Fujisawa Branch

【Inquiries】

Ichinoseki City Council of Social Welfare
0191-23-6020 Hanaizumi Branch 0191-82-4002 Daito Branch 0191-71-1177 Senmaya Branch 0191-53-2885 Fujisawa Branch 0191-63-5122

Let's enjoy the Japanese New Year !

This is an exchange event for foreign residents to experience traditional Japanese New Year's culture such as mochi pounding, New Year's calligraphy, karuta, and more.

- Date/Time: Sunday, January 28, 10:00am-11:30am
- Place: Nanohana Plaza 2F
- Target: Foreign residents who live or work in Ichinoseki City and those who are interested in supporting the daily lives of foreign residents.
- Capacity: 30 people
- Application: Please call or fill out the QR code form(<https://forms.gle/wM3DvuffMcW5aeH76>) by 3:00 p.m. on Wednesday, January 24, 2024.

【Inquiries】

Ichinoseki International Association
0191-34-4711



January Notification Adult Medical Examination Schedule

◇Breast Cancer screenings

Date		Target regions	Venue/reception times
13th (Sat)	AM	Hanaizumi/Daito/Senmaya/Higashiyama/Murone/ Kawasaki/Fujisawa	Ichinoseki Health Center AM 9:30am~10:30am PM 1:30pm~2:30pm
	PM	Ichinoseki Area (Nakasato/Mataki/Genbi./Hagisho)	
14th (Sun)	AM	Hanaizumi/Daito/Senmaya/Higashiyama/Murone/ Kawasaki/Fujisawa	
	PM	Ichinoseki Area (Ichinoseki/Yamanome/Maikawa/Yasakae)	

Please inquire if you do not have a medical examination ticket on hand.

If you are not available on the designated date, receive a medical checkup on a day other than the designated date and time (there's no need to contact us)

Please cooperate with COVID prevention methods

- ① Postpone consultation if you or a member of your family is in poor physical condition.
- ② Wear a mask.

【Inquiries】

Health Promotion Division 0191-21-2160
Eastern Health Promotion Office (Senmaya branch) 0191-53-3952
Northern Health Promotion Office (Daito branch) 0191-72-4087

Notice of payment in January

- ① City prefectural tax(general collection) 4th term
- ② National Health Insurance Tax (general collection) 7th term
- ③ Medical insurance premiums for the latter-stage elderly (general collection) 7th term
- ④ Long term care insurance premium(general collection) 4th term

Payment deadline: Wednesday, January 31st

【Inquiry】 Ichinoseki City Hall Tax Payment Division
0191-21-8261
Or Ichinoseki City Tax Savings Association

Consultation by Sendai Immigration and Immigration Bureau

Free consultation on immigration and status of residence procedures for foreign nationals.

RSVP Only







- Date: Friday, February 2, 1:00pm-4:00pm (30 minutes per consult)
- Place: Nanohana Plaza 3F
- Target: Foreign residents in Iwate Prefecture, Japanese residents, and persons in charge at companies with business offices in Iwate Prefecture
- Capacity: 3 groups
- Application: By phone or QR code (<https://forms.gle/iUN6Ju72fjrFpM8m7>) by January 26 (Fri.)



【Inquiry】

Iwate International Association 019-654-8900

Further resources

Iwate Prefecture 	Find link to comprehensive English Guide that includes important information	
Iwate International Association 	Consultation for foreign residents about various issues such as foreign residency qualifications (visa) and troubles in everyday life. Japanese family and friends of foreigners are also welcome.	TEL: 019-654-8900 Hours: 9:00am~8:00pm
Ichinoseki City English Guide 	Find link to comprehensive English Guide that includes important information such as what to do in an emergency, where evacuation centers are, welfare incentives, how to dispose of garbage, and how to go about notification procedures at city hall.	
Ichinoseki International Association 	Consultation services for foreign residents available. Staff can speak English and have tools to assist in other languages.	TEL: 0191-34-4711 Hours: 9:00am~6:00pm (Closed Thurs/holidays/ Dec.29~Jan.3)
Yorisoi Hotline 	Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement, or human trafficking? Consultation can be made by toll-free number, Facebook messenger, or through an online chat system	Specialized line for foreigners in Iwate, Miyagi, Fukushima: 0120-279-226
AMDA Medical Information Center [特定非営利活動法人 AMDA 国際医療情報センター] 	Telephone Consultation for medical matters Free consultation & interpreting service Connection fees will apply	TEL: 03-6233-9266 Hours: 10:00am~4:00pm (Monday~Friday)

Doctors on Duty (Nights/Holidays)

Scan the QR code below for doctors that are on duty at night (18:00-20:00) and on duty on Sundays/holidays.

To double check the available facilities, call the Ichinoseki City Hall on 0191-21-2111.

If it's a medical emergency, be sure to call 119.

Please bring your health insurance card and your medication record handbook (*okusuri techou*) when seeing a doctor.



Ichinoseki City

After-Hours Children's Emergency Hotline

A telephone helpline to consult with a nurse about responses and emergency measures for children's illnesses.

- Hours: 7:00pm - 8:00am
- Open year-round
- Phone number: 019-605-9000
Or dial #8000

